

# Wendover Church of England Junior School

Wharf Road, Wendover, Buckinghamshire HP22 6HF

**Headteacher:** Gareth Kynaston

**Tel:** 01296 696822



**Assistant Headteachers:** Jennifer Bartlett  
Joanna Cook

**Email:** [admin@wendoverjunior.co.uk](mailto:admin@wendoverjunior.co.uk)

**Website:** <http://wendover.eschools.co.uk>

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15 May 2019

Dear Parents/Carers

## **RELATIONSHIPS AND SEX EDUCATION (RSE)**

RSE will be taught next half term to all year groups using an integrated and consistent approach. RSE includes supporting young people in developing self-confidence and preparing for the physical and emotional changes leading to adulthood. We believe that the teaching of RSE should be shared with parents and be mutually supportive and complementary. Parents have the right to withdraw their child from some parts of RSE, but not statutory science lessons.

The following content will be covered:

### **Year 3**

- I know how to keep myself clean
- I know how to name the male and female parts of the body

### **Year 4**

- I know how boys and girls change through puberty
- I know how to keep myself clean
- I know it's OK to be different

### **Year 5**

- I know about the physical changes that happen to my body as I reach puberty and the reasons why they happen
- I know about the emotional changes that happen during puberty and some ways to manage them
- I know about personal hygiene
- I know about conception and childbirth

### **Year 6**

- I know about some of the losses that I might experience during my life and how to deal with them
- I know about forming healthy relationships

Parents/carers of children in Years 4 and 5 are invited to come into school on Wednesday 5 June to watch the DVDs which are used in those year groups to support the curriculum. If you wish to attend this session, please register your interest with the school office **by Friday 24 May.**

In the meantime, if you have any questions on RSE, please contact myself or your child's class teacher.

Yours sincerely

**RACHEL STANLEY**  
**PSHE Leader**

***Respect***

***Reflection***

***Responsibility***

***Resilience***