

Buckinghamshire Family Information Service

www.bucksfamilyinfo.org

This will take you to information about: Family Centres, the Family Support Service, Special Educational Needs and Disabilities (Local Offer), Information, guidance and educational resources for families staying at home.

First Response

Concerned for the safety of well-being of a child?

Email: secure-cypfirstresponse@buckscc.gov.uk

Telephone: 01296 383 962

Monday to Friday, 9am to 5pm. If you need an urgent response outside of these hours, contact the Emergency Social Work Team on 0800 999 7677 or 01865 902000. If a child is in immediate danger, call 999 or report a crime on 101.

Social Care

Telephone: 01296 382 249

This number takes you direct into Social Care to speak to the duty social worker should you not be able to make contact with your own social worker.

You can contact the Emergency Social Work Team on: 0800 999 7677 or 01865 902 000

Family Support Service

Telephone: 01296 383 293

This service provides non-judgemental advice and support to families who need extra help to overcome challenges and get back on track. They help to tackle some of the most complex and difficult issues facing families today – including financial hardship, mental health problems, social isolation and learning disabilities, domestic abuse, substance abuse and alcohol problems.

Women's Aid

www.womensaid.org.uk

Telephone: 01296 437777

They offer support to women, children and young people experiencing domestic violence.

Healthy Minds

Healthy Minds is an NHS service offering quick and easy access to talking therapies, practical support and employment advice. Anyone who is feeling depressed, anxious or stressed, is aged 18 or over and has a GP in Buckinghamshire can request help from Healthy Minds.

<https://www.oxfordhealth.nhs.uk/healthyminds/>

The self-referral telephone number is: 01865 901 600

Telephone opening hours are: Monday -Thursday 7am-5:30pm or Friday 7am-5pm

By text: Text TALK and your name to: 07798 667169

Bucks youth

<http://www.youthconcern.org.uk/>

Telephone: 01296 431183

For children and young people who are currently in care or leaving care. Aims to promote their right to be a part of the decision making processes that affect their lives.

Young Carers

<http://www.youngcarersbucks.org/>

Telephone: 0300 777 2722

An independent charity that offers young carers the chance to be young people free from their caring responsibilities through trusted activities, clubs, outings, holidays and one-to-one support.

Citizen Advice

Aylesbury Vale Citizens Advice (Aylesbury Office)

A service with knowledge and information for many concerns and problems.

<http://www.aylesburycab.org.uk/>

admin@aylesburycab.org.uk

Telephone: 0344 4111444

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